

The 5-in-30 Minute Model: Changing Culture Through Innovative Education

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Abstract Background Information: An analysis of a pediatric perianesthesia unit revealed an opportunity to improve content and delivery of nursing education. Leadership collaborated with bedside staff to implement an education committee with the goal of increasing staff participation and ownership in education. Nurses contributed to the design and content of quarterly staff-led learning.

Objectives of Project: The aim was to increase Continuing Education (CE) offerings; address current topics/learning gaps requested by bedside nurses; create staff buy-in and ownership of unit-based education and enhance unit culture as evidenced by improved staff satisfaction scores.

Process of Implementation: Information was gathered from all staff regarding topics for education. Topics were separated into 4 categories: new products/processes; equipment & procedure changes; known process problems; and areas of high risk. The team met every other month. During that time, they chose 5 topics to incorporate into a fun, low-fidelity simulation education scenario, intended to last 30 minutes in length ("5-in-30"). Scenarios varied to include skills, assessment, knowledge, communication, delegation, policy, and unit specific workflows. Time for reflection, questions, and practice were woven throughout the scenario. Learners included Registered Nurses and Patient Care Assistants. Five new topics were developed into scenarios and delivered quarterly.

Statement of Successful Practice: Post-learning surveys were positive and expressed interest in future opportunities. Staff reported increased satisfaction from knowledge gained within one week of attending, an appreciation of dedicated time and focused learning off unit, and the comradery of teaching and learning together.

Implications for Advancing the Practice of Perianesthesia Nursing: Innovative approaches developed for perianesthesia education and by frontline staff resulted in positively impacting unit culture. Future plans include continual, relevant, and practical educational activities, by which nurses are encouraged to gain knowledge, appreciation, and passion for perianesthesia nursing.